



ZOOM ONLINE TRAINING

MOTIVATE YOUR TEAM!

SPECIAL

**Introductory
offer: Only
\$100 for the
first session!**

**KEEP YOUR EMPLOYEES ENGAGED AND
MOTIVATED!**

Now offering Corporate Group Band Strength,
Mat Pilates and Stretch Classes via **Zoom**.

**CALL ROCCO
TODAY!**

0412 519 485

In these difficult times it has never been more important to stay active and focus on the health and wellbeing of your employees.

- 45 minute classes
- Suitable for beginners
- Maximum 80 participants per class
- Live and interactive via **Zoom**
- Fully insured by Marsh

Special offer: First session only \$100 (standard rate: \$160 per session). **Enquire today!**



Rocco Sorace
Director